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Saturday, August 14, 2010

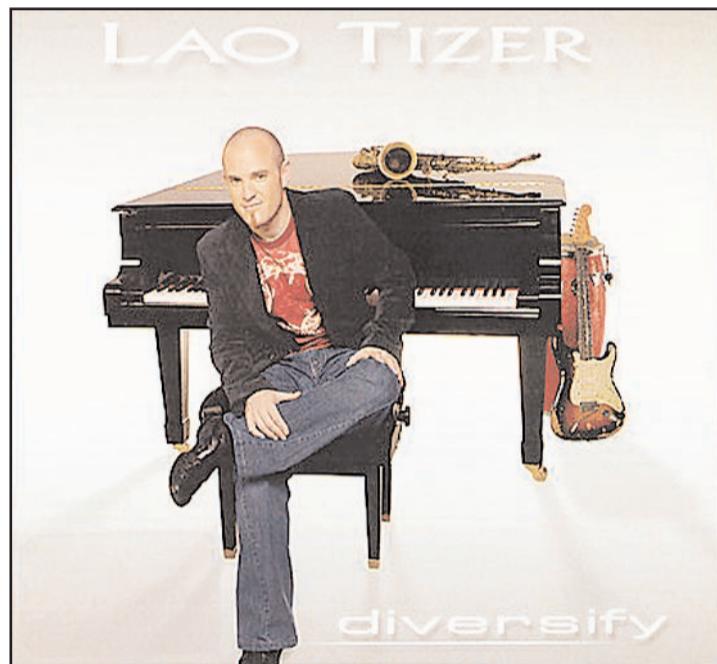
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Spectacular keyboardist Lao Tizer is one of the top-flight artists at CSJF



On the 18th and 19th of August 2007 Aruba experienced the first Annual Caribbean Sea Jazz Festival. Cas di Cultura was the pounding heart of music in the Caribbean during this festival weekend. During this festival visitors got the chance to enjoy great Jazz music on three different stages and areas. The festival, a dream of Erik Eman, attracted visitors from as far as California who came to hear a number of legendary jazz musicians in two intensive evenings of im-

provisational music.

Famous featured performers such as Michel Camilo, Praful, Randal Corsen, Isoco, Ronchi Matthew, Jean-Jacques Rojer, Yuri Honing, Reno Steba, Moon Baker, The Plocktones, Paoli Mejias, and Cubop City Big Band made it a truly international festival of the highest caliber. Local Aruban artists and groups performing at the Caribbean Sea Jazz Festival where Delbert Bernabela, Robert Jeandor, Johnny Scharbaay, Ivan

Jansen, Ricardo Garcia, Antonio Bello and young Sergchio Jansen, Jemm, Sonic Lab, and Soul Cowboy. Both editions of the festival were a wonderful opportunity for artists to enjoy the performances of their peers, and a treat for audiences to relax on the lawn, chill in the auditorium, or mellow and nibble at the Open-air Lounge while listening to some of the best improve on earth.

This year on October 8 and 9, the Cas di Cultura Plaza will once again be the spot to chill and relax to the sweet sound of music.

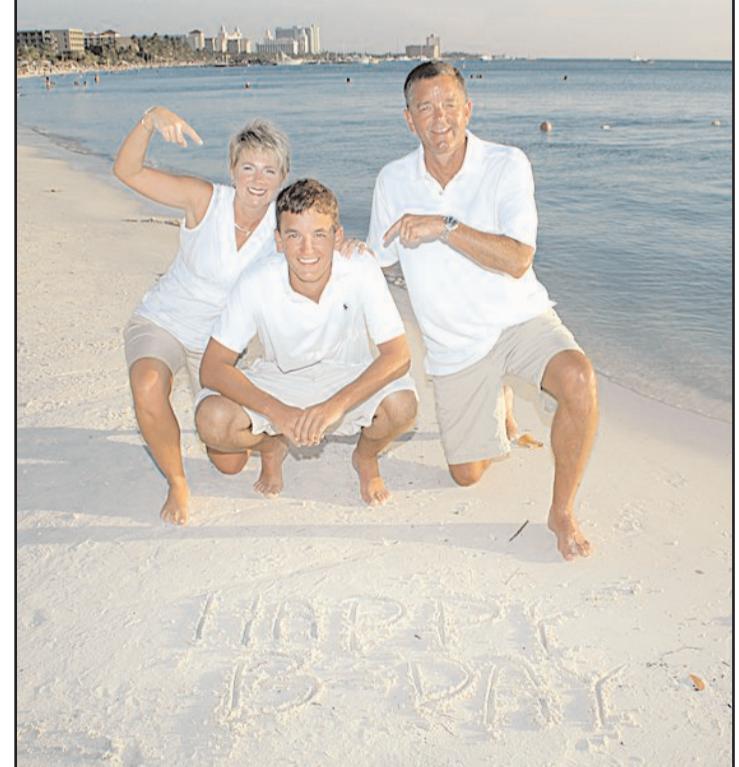
One of the artist that will be at hand to delight the audience is Lao Tizer.

Captivating audiences of all ages and musical tastes, Lao Tizer and his band called TIZER, will surely wow the Aruban crowd with their spectacular performance. The recording artist has received word-wide acclaim for his 2008 all-star concert tour with international violin virtuoso Karen Briggs, who stood out at Yanni's concerts and with his musical mentor Chieli Minucci. Recent successful debuts of the band have been in Asia and Africa. 'Golden Soul' was Lao's first full-production record and the single 'Her Poetry' reached Billboard's Contemporary Jazz Album chart. 'Diversify' was released in 2006.

Lao Tizer has appeared at premier venues, sharing the stage at events worldwide with artists like Isaac Hayes, George Benson, The Commodores, Bruce Hornsby, Jethro Tull and Spyro Gyra, naming just a few. His recordings have sold over 90,000 copies and his music can be heard on radio and television airwaves worldwide.

Loa began his career during his high school years in his hometown of Boulder, Colorado, and he produced and released his first three keyboard recordings himself by the age of seventeen.

Another great trip to Aruba for the Zaeh Family



This Patti and Steve Zaeh from Ohio, have made Aruba and the Marriott Hotel their yearly favorite vacation spot since getting married here five years ago. This trip is different because they are celebrating their fifth anniversary, and son Daniel's, seventeenth birthday on this past Thursday, August 12th.

Steve and Daniel played a round of golf while Patti en-

joyed a massage, and after a family photo session with photographer Diane Keijzer on the beach at sunset, they celebrated this special day with dinner at Ruth's Chris Steak House.

Diane was also their photographer when they got married on this same Marriott beach five years ago. Congratulations to all of you, and we'll see you next year!



THE MORNING NEWS congratulates all Indians on their Independence Day on August 15th.

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Obama signs border security bill



US President Barack Obama signs the Southwest Border Security Bill as Homeland Security Secretary Janet Napolitano looks on August 13, 2010 in the Oval Office of the White House in Washington, DC. The Senate passed the 600 million dollar bill August 12 to beef up security along the Mexican border. AFP PHOTO

WASHINGTON (AFP) – President Barack Obama Friday signed a bill that tightens security at the Mexico border, hoping to address the hot issue of illegal immigration in the run-up to November congressional elections.

The 600-million-dollar legislation hikes visa fees for some IT workers entering the United States, and has had been slammed by Indian industry.

The fee increases pay for 1,000 new US Border Patrol agents to form a "strike force" for quick deployment, 250 new Immigration and Customs Enforcement agents as well as 250 new Customs and Border Protection officers at ports of entry. It also boosts communications among law-enforcement officials.

The new law nearly doubles fees on visas for skilled workers brought in by companies whose staffs are more than 50 percent foreign, a move that largely affects India's IT and outsourcing industries.

US Homeland Security Secretary Janet Napolitano said that the fee hike, proposed and approved by Congress, "makes a lot of sense."

"What it's saying is that we're going to make sure that we pay for immigration... out of the visa system," she told a White House press briefing.

"And that way, it doesn't come out of the general fund, which is necessary for so many

other things," she said.

"The Senate was able to find a way to fund this bill that doesn't add to the deficit and allows us to get the enforcement monies we need on a permanent basis," she said.

She said she did not think the issue would affect relations between the United States and India.

"I think the United States and India have a robust and vital relationship, and nothing in this bill should interfere with that," she said.

India's National Association of Software and Services Companies has warned that the measures will boost annual US visa costs for the outsourcing industry by 200-250 million dollars annually.

India, which already holds at least 50 percent of the global outsourcing market, has become the world's back office where Western firms set up call centers, number-crunching and software development outlets to cut costs.

But the 50-billion-dollar industry also sends skilled workers to the United States to develop software and direct projects for US clients.

Resistance grows among Christian Democrats

The number of signatories to a petition by Christian Democrats against the involvement of Geert Wilders and his anti-Islam PVV party in any government has reached 333.

Since the petition was published in Trouw on Thursday, the number of signatories doubled from an initial 44 to 100 in one day. By Friday afternoon it had reached 333.

The signatories want the party to stop negotiating with the PVV and the Liberal VVD for a minority government supported in parliament by Wilders. They say the ideology of the PVV is 'against the Dutch constitution and a threat to our democratic society'.

A spokesman for party leader Maxime Verhagen told the press on Thursday that Verhagen understands the concerns of the party members, but added: 'We are only at the beginning of negotiations and it's the result that matters'.

Party conference
A special party conference

South Asian superbug claims first fatality

BRUSSELS (AFP) – A Belgian man became the first known fatality of a drug-resistant "superbug" originating in South Asia, reinforcing fears the germ could spread worldwide after infecting dozens of people in Britain and Australia.

The unnamed patient became infected while hospitalised in Pakistan and died in June, a doctor from the Brussels hospital where he had been treated told Belgian media on Friday.

The superbug comprises a bacterium containing an enzyme gene called New Delhi metallo-lactamase-1 (NDM-1) that makes it impervious to treatment by almost all antibiotics.

is scheduled for the end of August when Verhagen will explain to party members what sort of support Wilders is offering and what he wants in return. But the signatories, who include local politicians and former MPs and mayors, are not prepared to wait.

According to historian Wouter Beekers, who initiated the petition, Christian Democrats will tend to accept what Verhagen says at the conference and action must be taken now, reports the Volkskrant.

Unique action
It is most unusual for Christian Democrats to make any criticism of their party public, particularly in the form of a mass demonstration. But many members are still keeping silent.

Some, like Jaap de Hoop Scheffer, have already criticised the action. The former Nato general secretary told the Volkskrant he would not be joining 'that herd of old elephants'. In his opinion, former politicians always think they know best.

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A Debt of Honor

Roland W. Peterson



Monument dedicated to Aruba soldiers and volunteers who died in WWII, situated in Oranjestad next to the Jewish Synagogue.

They used to say that, whenever the trade wind changed its direction in the early month of May, and blew from the South instead of the Northeast, you could hear the voices of the guardsmen who had served and died in World War II.

It was said that you could hear those voices with crystalline clarity in the first few years after the war at a certain point along the St. Nicolas Bay, but that after those initial years had passed the voices started to fade. Today, even if you stand in that very same spot, all you can hear are barely audible fragments, murmurs, and wisps of conversations. And you may be tempted to tell yourself that you're only imagining things.

During the Second World War, Aruban servicemen had sailed on oil tankers and warships and had stood guard along the island's southern shores. Day and night, they would peer into the dark-deep waters to try to discern the presence of German submarine U-boats, which had swarmed into the Caribbean basin to cut off the Allied supply lines that ran all the way up to the European theater of war.

After the war, in Sunday morning parades, the surviving guardsmen would march with their heads held high, shouldering their rifles and carrying their flag with dignity and pride.

There used to be quite a few of them, but today most have passed on. Every year the group grows smaller and soon the day will come that none will be left alive. Many of us are too young to remember them. And even if we would hear their names, we wouldn't know who they were. And, yet, they had once taken up arms to defend their community and die for their country.

Today we lay wreaths to pay homage to their bravery, dedication, discipline, and willingness to defend our freedom and way of life. To commemorate not only the suffering and pain but also the glory. And, yet, we do not remember who they were. It is only in the pale moonlight, and then only if the early May winds blow from the South instead of the Northeast (which isn't very often), that we can still catch glimpses of their heroism and sacrifice. On those rare occasions, remnants of history drift toward us—of ships that were torpedoed, of a buddy who was captured and executed, of a guardsman whose silhouette was scorched into the walls of a concrete bunker by a final, deadly blast.

And so we may wonder, what happens to a man's soul when even the memory of his existence fades from the Book of Life?

Maybe, it is time for us to stand guard, to repay our debt of honor, to peer back into the dark-deep ocean of time ... and keep alive the memory of their souls.

Centro Dakota re-opens after completion of first phase renovations



On Thursday afternoon, Minister of Sports and Public Health, Richard Visser, inaugurated the first phase of the renovation project of the Centro Dakota Rehabilitation Center, situated in Dakota, emphasizing the effort of the Aruban community for a solution of the many drug addicts living on the streets.

Present at the occasion were Prime Minister Mike Eman, various parliament members and colleagues of the Council of Ministers.

Minister Visser elaborated on other developments taking place; while foundations are working on voluntary rehabilitation, the Aruba government is working on a mandatory reha-

bilitation program where the addicts are put under guardianship. The mandatory rehabilitation will be by judge's orders.

Also, the Aruba government invested in computers to record the progress of the Center's clients.

"Soon we will start picking the addicts up from the streets, and it is the hope that by introducing this program the addicts will sign up voluntarily for their rehabilitation," Minister Visser said.

"The process is not easy, but with the help of foundations like FADA and the Aruban community, we can work together for the rehabilitation and prevention of drug addicts," he added.

Notice of the Aruba Customs Department

ORANJESTAD – The Custom Department of Aruba would like to remind everyone who travels abroad for shopping, either for personal use or for business, to keep in mind at their arrival to correctly declare the merchandise at the customs department.

Passengers 16 years and up whom purchase merchandise for personal use up to a maximum value of Afsl. 400, the customs department will not charge income tax, only if the receipt of purchase is shown at customs. This is not valid for merchandise for commercial use.

It is the passengers' duty to correctly inform the customs officer of the merchandise they carry. If passengers do not comply with this, they must pay the income tax and a fine and/or be detained.

Executive Chef Matt Boland and Westin Resort setting new standards for dining excellence at Pago-Pago restaurant



Executive Chef Matt Bolan (r) and Sous Chef Darwin Torres



A sampling of desserts



Shrimp cocktail with mango relish

"The word is out," declared a delighted Matt Boland, who has returned to his position as Executive Chef at the renowned Pago-Pago restaurant, while observing the results of his task to "redefine Modern Caribbean" with a spectacular new menu the elegant eatery has offered since July. Tables were quickly filling up for the dinner hour, and the resort reports that word of mouth on the street has resulted in a marked increase of patrons

nightly.

Matt and Westin General Manager Richard Roy shared hosting duties for local media to introduce them to the sumptuous new menu, retaining some elements of the Asian cuisine that had been the foundation of Pago-Pago's original popularity. "Asian cooking has long proven to be more than a trend," cites Matt, "but we

are now combining it with the most fresh and flavorful of the Caribbean. The tropical fruits and herbs and the freshest fish and seafood are allowing us to bring our menu to a whole new level."

Island media testing a remarkable sampling of the exciting appetizer menu could only agree, as Matt and his veteran sous chefs, Darwin Torres and Wily Guerero proudly displayed their handiwork and how to best appreciate the

unique dishes they have created. Sauces complementing such offerings as Whole Soft Shell Crab Tempura utilized the intriguing flavors of passion fruit and mango; Matt demonstrated how to properly apply the tangy sauce that enhances Duck Breast Ropa Viejo with a stick of green onion to the crepes in which the tasty filling is wrapped-absolutely delicious and memorable.

A collection of the new menu was on display; the portions for the appetizers are enormous. When one reporter observed diners could easily be satisfied by sharing a few of the starters, Matt reported patrons are, in fact, indulging in this practice, then returning another night to sample some of the entrees. "Spring Rolls" proved to actually be crepes filled with crab and chunks of shrimp, Crispy Calamari Salad was impressive, and the sauces were a revelation.

"We all brainstormed and provided input for these elements that really distinguish the dishes," Matt reports, "I went to New York, conferred with all my contacts and friends about the new healthy and flavorful trends in fine food, and then we spent months developing what we feel is the finest and menu we could, something we are certain will impress Aruba's dining public." One might raise an eyebrow at the idea of "Portobello Mushroom and Dark Chocolate Sauce," or "Green Pepper-corn Tamarind," and "Passion Fruit Vinaigrette," but after sampling these combinations, taste testers from island media were quick converts.

Pago-Pago has seen a number of incarnations in its long history, but the innovations of the new menu and quality of the cuisine and service has now placed it in a position to be regarded as one of Aruba's top restaurants. It is most definitely worth reserving a night to rediscover the spectacular new menu offered by the Westin Resort in Palm Beach, it will utterly redefine your impression of resort restaurants.

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by Rosalie Klein

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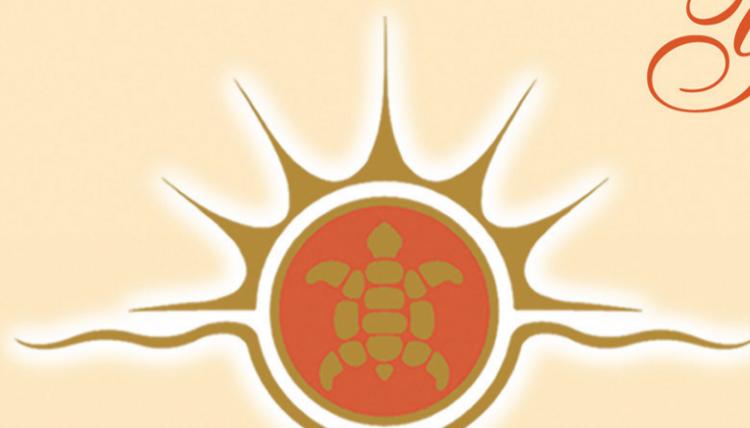
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Impressive performance at the Serena di Arikok



Last Saturday, at Arikok National Park together with the Coffee House Arikok once again held the "Serena di Arikok" event. This event takes place every first Saturday of the month.

The idea of the "Serena di Arikok" is to create a platform where local artists can express

their art thru, among others, music, dance, theatre, comedy, and poetry.

During last week's event two singers, Monica Pulido and Bryan van Putten, entertained the public during the opening act. Afterwards TEATRA, Sonfaya 2020 and SALSA presented a theatrical



play called 'Master Demon and his Slaves,' under the direction of Takhai Mohamed.

Every first Saturday of the month the Arikok National Park will host different artist, giving them the opportunity to present their artwork or show.

Local artists willing to participate in the Serena di Arikok can contact Angelo Angela at tel. 566-8762 or Cerillio Croes at tel. 594-6522.

Photos show Monica Pulido and Bryan van Putten, and scenes of the theatrical play 'Master Demon and his Slaves.'



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late show: 11.00	R
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daily: 6.15 - 9.00	
matinee:	
late show: 11.30	PG
THE KARATE KID	
daily:	
matinee: 12.15 - 3.15	
late show:	
GROWN UPS	
daily: 4.45 - 7.00 - 9.15	
matinee: 12.00 - 2.30	
late show: 11.45	PG-13
TOY STORY 3 3D	
daily: 6.15	
matinee: 12.50 - 3.30	
late show:	
SALT	
daily: 8.45	
matinee:	
late show: 11.00	PG-13
DESPICABLE ME 3D	
daily: 4.30	
matinee: 12.00 - 2.15	
late show:	
INCEPTION	
daily: 4.45 - 8.00	
matinee: 1.30	
late show: 11.00	PG-13
STEP UP 3D	
daily: 6.45 9.00	
matinee:	
late show: 11.30	PG-13

*The Expendables will start Friday August 13

AT PASEO HERENCIA

CHARLIE ST. CLOUD	NEW
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matinee: 1.00 - 3.30	
late show: 11.00	PG-13
THE OTHER GUYS	
daily: 4.00 - 6.30 - 9.00	
matinee: 1.30	
late show: 11.45	PG-13
THE LAST AIRBENDER	
daily: 7.00 - 9.15	
matinee:	
late show: 11.30	PG
GROWN UPS	
daily: 12.00 - 2.30	
matinee:	
late show:	
DESPICABLE ME 3D	
daily: 4.45	
matinee: 12.15 - 2.30	
late show:	
SALT	
daily: 5.15 - 7.30 - 9.45	
matinee:	
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TOY STORY 3 3D	
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Science/Tech

Birth order affects child's intelligence and personality

SAN DIEGO - Birth order within families has long sparked sibling rivalry, but it might also impact the child's personality and intelligence, a new study suggests. First-borns are typically smarter, while younger siblings get better grades and are more outgoing, the researchers say.

The findings weigh in on a long-standing debate: What effect if any does birth order have on a person's life? While numerous studies have been conducted, researchers have yet to draw any definitive conclusions.

The results lend support to some previous hypotheses - for instance, that the eldest sibling tends to have higher aptitude. But the study also contradicts other proposed ideas, for example, that first-borns tend to be more extroverted.

The findings shed light on the influence of sibling relationships, which often receives less attention compared with that of the mother-child or father-child relationship, said Tiffany L. Frank, a doctoral candidate at Adelphi University in Long Island, N.Y., who lead the study.

They also suggest some inherent differences between siblings exist, differences that might arise no matter what parents do. "While parents might want to treat each child equally, it's almost impossible," Frank said here at the 118th Annual Convention of the American Psychological Association.

Sibling rivalries

Most previous studies on the influence of birth order have looked at children from different families. For instance, some studies have looked at U.S. presidents, Nobel Laureates or NASA astronauts to see whether they are mostly first-born



children or later born children. U.S. presidents and science Nobel Laureates were found to be overwhelmingly first-borns, as were 21 of the first 23 NASA astronauts. However, these studies cannot take into account influences that arise from children being in the same family, such as the competition that might exist between siblings, Frank said.

In addition, most previous studies have asked subjects to think back to their childhood or adolescence, a method that might lead to inaccuracies if subjects misremember their past.

In the current study, Frank and her colleagues surveyed 90 pairs of siblings in high school. Subjects were asked to report their grades and rank themselves as compared with their siblings on intelligence, work ethic and academic performance.

The researchers also obtained academic tests scores and grades to verify the students' own reports.

First-borns received higher tests scores, in math and verbal ability, while later born children had better grade point averages in English and math.

In a second experiment researchers looked at differences in personality between 76 pairs of siblings in high

school. Subjects rated themselves on a series of statements designed to assess personality.

Later born siblings were found to be more extroverted (sociable, outgoing), sentimental, forgiving and open to new experiences than their older siblings. First-borns were found to be more perfectionistic than their younger siblings.

Why?

First-borns might score higher on measures of intelligence, because, at some point in their lives, they were only children who were the sole recipients of their parents' attention.

Younger siblings might earn better grades, because they received mentoring from first-borns who already had to tackle certain subjects, the researchers say. Also, later born children might feel extra pressure to be competitive, and might try to out-do their older siblings in the hopes of gaining extra attention from parents.

The youngsters might also be more open to new experiences, because they "see the obstacles that their older siblings have overcome and therefore feel more secure in challenging themselves," the researchers say.

HEALTH - LIVING

A quarter-pounder with statins on the side?



LONDON (AFP) – Fast food restaurants could hand out free cholesterol-busting statin drugs with their burgers and fries so customers can offset the heart disease risks caused by the food, researchers said.

Statins lower the amount of unhealthy "LDL" cholesterol in the blood, and a raft of data has shown they are highly effective in fighting the risk of a heart attack.

Scientists at Imperial College London said this week that taking a statin pill could offset the increased risk to the heart caused by the fat in a medium-sized cheeseburger and a small milkshake.

Dr Darrel Francis, from the National Heart and Lung Institute at Imperial College London, said: "Statins don't cut out all of the unhealthy effects of burgers and fries. It's better to avoid fatty food

altogether."

"But we've worked out that in terms of your likelihood of having a heart attack, taking a statin can reduce your risk to more or less the same degree as a fast food meal increases it."

The researchers argued the proposal was no different to asking people to wear seatbelts because of the increased risks to health when driving a car.

"Likewise, some individuals eat unhealthily," they argued.

But health professionals gave the proposal a sceptical reception.

Peter Weissberg, medical director at the British Heart Foundation, said: "The suggestion that the harmful effects of a junk food meal might be erased by taking a cholesterol-lowering statin tablet should not be taken literally."

"A junk food diet has a wealth of unhealthy consequences beyond raising cholesterol," he said, including raising blood pressure through consuming excessive salt, or obesity.

"Statins are a vital medicine for people with -- or at high risk of developing -- heart disease. They are not a magic bullet."

Generics as good as costly blood pressure meds, study finds

Costly, brand-name blood pressure-lowering drugs are no better at preventing cardiovascular disease than older, generic diuretics, reveals long-term data from a large study.

It included more than 33,000 patients with high blood pressure who were randomly selected to take either a diuretic (chlorthalidone) or one of two newer drugs -- a calcium blocker (amlodipine) or an ACE inhibitor (lisinopril).

Data from the Antihypertensive and Lipid-Lowering Treatment to Prevent Heart Attack Trial (ALLHAT) released in 2002 showed that after four to eight years of follow-up, the diuretic was better than the calcium blocker in preventing heart failure and better than the ACE inhibitor in preventing stroke, heart failure and overall cardiovascular disease.

Differences between the

drugs narrowed after eight to 13 years of follow-up, the findings show. However, the diuretic was still better in two areas. Compared with patients taking the diuretic, those in the ACE inhibitor group had a 20 percent higher death rate from stroke, and those in the calcium channel blocker group had a 12 percent higher rate of hospitalization and death because of heart failure.

The results were to be presented Friday at the China Heart Congress and International Heart Forum in Beijing.

"We are continuing to mine data that we collected during the trial," Dr. Paul Whelton, president and CEO of Loyola University Health System and chairman of ALLHAT, said in a university news release.

ALLHAT is sponsored by the U.S. National Heart, Lung and Blood Institute.

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Finally you will get that sun tan you have wanted for a long time! If you don't want to end up looking like a lobster, it is important to protect your skin against the sun.

Dr. Koos Veel, the medical doctor on staff in charge of research and development for

gel, which is found within the Aloe Vera plant, has been renowned for its healing properties for millennia. Ancient Egyptians used it regularly in healing and beauty treatments. Aloe Vera will have an immediate cooling and calming effect on the skin and it forms a protective layer that will seal valuable moisture into the skin, preventing dehydration and promoting faster healing.

Back in the mid 1800's,



Aruba Aloe's products, talks about sun burns and the skin. "Start suntanning carefully by avoiding more than one hour on your first day and always use protection. Reapply sun screen after swimming and exercising or use a water resistant sunscreen. If you use a sun screen when you are in the sun, it will give you a much better and long lasting tan."

"Aloe Vera prevents skin dehydrating and promotes faster healing"

A useful natural sunburn treatment is Aloe Vera. The

two-third of Aruba's surface was covered with Aloe Vera plants. We called our island the 'Island of Aloe', being the world's largest exporter of Aloe.

Aruba meant Aloe and Aloe meant a way of life. For more than 160 years, Aloe has continued to grow and spread over the island, influencing everything from art and architecture to health and healing.

"The fierce Caribbean sun produces the earth's most potent Aloe gel"

Aruba Aloe has a well-bal-

anced skin care line known around the world which is designed to help protect you from the damaging effects of the sun while healing and repairing sun-stressed skin with 100% pure Aruba Aloe - the world's finest aloe. Dr. Koos Veel: "The Aruba Aloe sunscreens not only properly protect you from the sun but also moisturize the skin thanks to the Aloe Vera Gel. It is highly recommended to always use an after sun lotion or gel after sunbathing or sun burning to give the skin the moist back it just lost. Reapply as often as needed to relieve pain, speed the healing."

Aruba Aloe is making great strides in global research studies with Aloe and is leading the way with a line of moisturizing products that can be found in homes all over the world.

Take a tour in the state of the art Aruba Aloe factory where you will see the production process first hand from Aloe Vera leaf to finished lotions! You will also have the opportunity to learn all about the 160-year old Aloe history of Aruba in the museum and purchase the products.

Location: Aruba Aloe Balm N.V., Pitastraat 115, Hato (near the High & Low-rise hotel area)

Tour hours: Monday - Friday 8:30 a.m. - 4:00 p.m. Saturday 9:00 a.m. - 1:00 a.m.

Call for more information or directions to the factory: 588-3222

Website: Purchase our products online: www.ArubaAloe.com

Discover the Treasures Across the Bridge



Balashi
Pos Chiquito
Savaneta
Cura Cabai
San Nicolas



Entrance to the inner Bay of Spaan Lagoen



The ruins of the gold smelter next to the Spaans Lagoen (Spanish Lagoon) and the Franse Pas (Frenchman's Pas)



One of San Nicolas' main attractions, Charlie's Bar in the mainstreet

Crossing the Balashi Bridge to San Nicolas, you will find the Spaans Lagoen (Spanish Lagoon).

The Spaans Lagoen is the only inner bay in Aruba, resulting from rising sea levels after the last ice age. Spaans Lagoen is connected with the sea, but it is partially separated by a low-lying bridge. Located off the mouth of the lagoon there are several island keys, which together with the Spaans Lagoen area form a large natural ecological system.

Spaans Lagoen is a reef-protected area. The beach is accessed through the mangrove trees in Mangel Halto, on the east side of the island. It boasts

shallow waters and fine white sand. It's also an excellent spot to have a picnic lunch.

It is one of three Blue Flag beaches developing on the island. There is a gentle sandy entry to the water that is great for children and adults. Beginning scuba divers will love it and the snorkeling is excellent. It is also a wonderful area for kayaking. The Spaans Lagoen area flows into the village of Pos Chiquito.

Savaneta is a fishing village in southeastern Aruba. Home to the oldest surviving home in Aruba, it is the oldest town on that island and former capital. It was where the Dutch first settled after they recap-

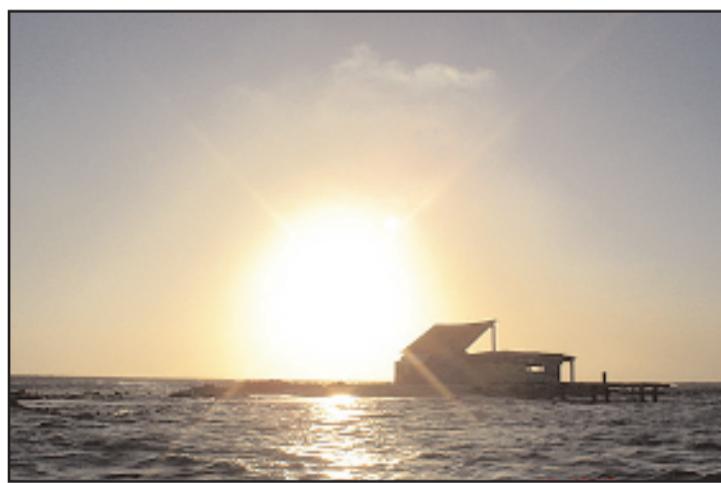
tured it in 1816. It is said that Savaneta name became during the Spanish colonization in 1840. Savaneta means Sabana chikito (small savannah).

Heading east to San Nicolas you will encounter Cura Cabai located along the west coast of the island.

Driving further you will find Aruba's second largest city, San Nicolas, with the majority of residents originally hailing from the British Caribbean. The development of the city is undeniably linked to the oil refinery, the presence of which often stands in sharp contrast to the modest houses of the area and the picturesque beach spots



Mangel Halto in Savaneta



House on the reef (Savaneta)



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Savaneta 91- Tel: 584-6263 - 563-6673
E-mail: mgeerman3@hotmail.com

Aruba welcomes their first “Wow!” family from the Jack and Jill Late Stage Cancer Foundation

The Westin Aruba Resort has been proud to host Toni and Scott LaFond of Brooksville, Florida and their sons, David and Benjamin, who, for the past week, enjoyed a “time out” on Aruba through the Jack and Jill Late Stage Cancer Foundation.

The foundation was inspired by the story of Jill and John Albert, who faced the disruption of family life imposed by Jill being diagnosed with Stage IV Metastasized Breast Cancer. Realizing the disease was not only taking its toll on Jill physically, but on the entire family psychologically, they founded this organization dedicated to rewarding families where a parent is diagnosed with cancer and a limited life expectancy the opportunity to share treasured memories away from the pressure of mounting medical bills and the constant pall of a terminal disease irreparably effecting their lives.

A friend of Toni’s saw the foundation spotlighted on The Today Show and told her she should apply for just such an experience. Toni was diagnosed 4 years ago, at the age of 30, with Stage IV Metastasized Breast Cancer which had already reached her bones. She applied through her oncologist, and within 3 weeks received a call from Heidi Cohen of the Jack and Jill Foundation informing her that the family was accepted into the program.

The LaFonds were in a quandary as to where to go; they knew they loved water sports, beaches and beautiful weather. Fortunately, with the recent addition of AirTran Airways flying to Aruba, this new destination was on the Jack and Jill roster, and the family was more than ready for their week in a tropical paradise. Starwood Resorts, the parent company of the Westin, is a staunch supporter of the program, and Toni and the family were surprised and thrilled to have General Manager Richard Roy personally meet them at the airport to bring them to their “home in Aruba” for the past week.

“This week has been exactly what we needed,” ex-



Photo depicts Scott and Toni, (in back) David and Benjamin

pressed Toni and Scott, “it is way beyond anything we expected. We did not realize the Westin would give us everything, all inclusive, so we have had wonderful meals in the resort, and our every need has been looked after. When we arrived, the entire staff was lined up to greet us; during our stay, if any of the staff noticed us preparing to go somewhere, they offered to take us.”

“When we went to breakfast the other day our older son David wanted to sleep in,” recounts Toni, “and we couldn’t believe the restaurant staff noticed and asked where he was! They insisted on making up a plate for him for us to take back to the room.”

The LaFond family adored the beach and what they consider the most incredibly blue waters they have ever seen, but the Westin also kept them very busy by recruiting the services of two of their vendors, De Palm Tours and Pelican Tours, who were more than happy to accommodate the Florida family with complementary island tours, a snorkeling and sailing trip, deep sea fishing and a morning at De Palm Island. The whirlwind schedule is having the desire effect.

“We made ourselves a

promise before coming here,” explains Scott, “no video game devices, no wireless, no TV unless we are all watching together, this is family time. Time to enjoy without Toni’s condition shadowing everything we do; we have tucked that away for the time being.”

Despite the condition that resulted in a prognosis of perhaps only weeks to live, Toni has hung on for 4 years. “I had gone to my gynecologist with a lump, but I was only 29, so he dismissed it, saying women my age get lumps for all sorts of reasons,” Toni recalls. “Then the pain started, mostly from my ribs to my hip, sometimes agonizing. We had been back and forth to the hospital, and they discovered many minute fractures. They even asked me if Scott was abusing me! Of course, it was the cancer, which had metastasized to my bones. Finally, after a year of frustration, we tried a different hospital, and within an hour they diagnosed my cancer and admitted me. They were amazed when I walked out of the hospital a few weeks later, they didn’t expect me to leave there alive.”

Toni’s greatest fear for the past 2 months was that her condition would interfere

places he has ever seen. Their busy days have provided Toni with “the most restful nights I have known in months. We are also particularly impressed with the friendliness and warmth of the Arubans. Everywhere we went, though they had no idea of our situation, people were eager to help us in any way they could.”

Toni does offer one particular piece of advice to other young women after her experience. “I have learned you have to take charge of your health, we tend to accept what doctors say and just continue to suffer. If one doctor is not giving you answers, then go to another, don’t let them dismiss your pain.”

The LaFonds return today to their lives and the ever-present medical bills, but for the past week “have just been having a great time being silly and laughing. We haven’t had much of that over the last few months.”

Sadly, Jill Albert lost her battle against cancer in 2006, leaving behind a husband and teenage children, who now carry on her legacy through the foundation. For more information about the work of the Jack and Jill Late Stage Cancer Foundation, visit their website: www.jajf.org.

ATTENTION

INVITATION

WEB has the intention to expand their Sea water reverse osmosis water plant with a new SWRO plant (phase II). Also to expand the electric generation capacity with RECIP Engines (Phaselll) Just like the current plants these units will also be located at the premises of WEB at Balashi. WEB would like to invite those interested for an informative session (hearing) on MONDAY August 16th from 7 pm to 8 pm in the Canteen of WEB at Balashi.

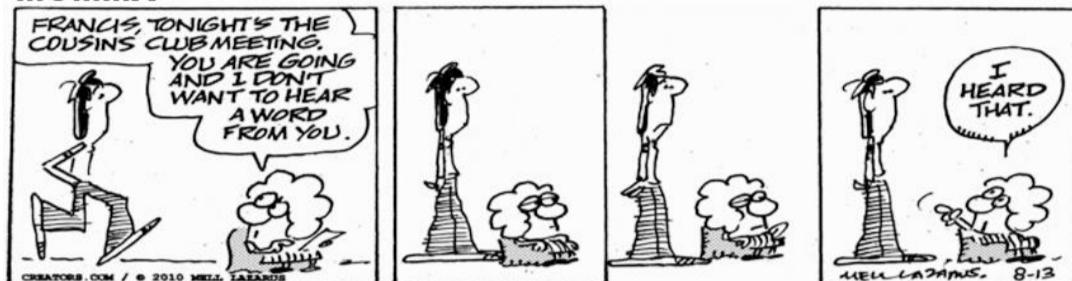
WEB
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Tel. 525-4200
www.webaruba.com

COMICS

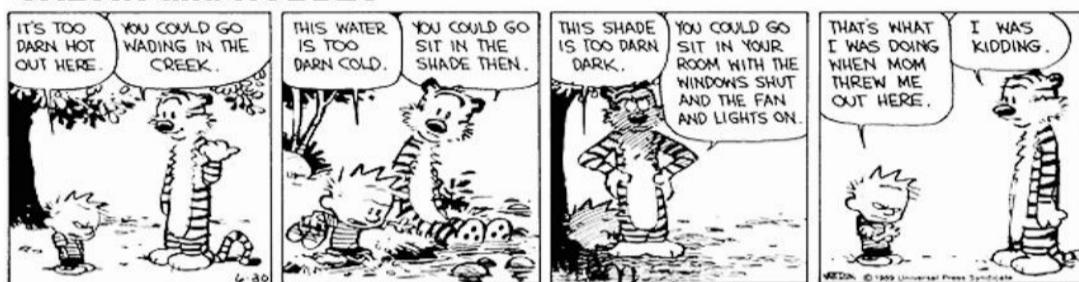
PICKLES



MOMMA



CALVIN and HOBBES



CROSSWORD



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ACROSS

- Move it!
- Mall unit
- Traffic sign
- Din
- Lois or Abbe
- Earth's center
- Gone to Sing Sing: 3 wds.
- Went by bus
- Horse command
- Time and
- Quit
- Plumber's tube
- Santa's elves, e.g.
- Cars

- Work incentive
- Twist
- Slice
- Hippie's hangout
- Points
- Pet peeve
- Venture
- Buzzer
- Puts on weight
- Sofa bed
- Musical sounds
- By means of this
- Leaps
- Part of a three-piece suit
- Weds secretly

48. Taxi

49. Bathtub

booze

52. Tight

53. Finely

fashioned:

hyph.

56. "Do —

others . . ."

57. Sidle

58. Carries

59. Chick's

sound

60. Relax

61. Perspire

DOWN

1. Like a certain bug

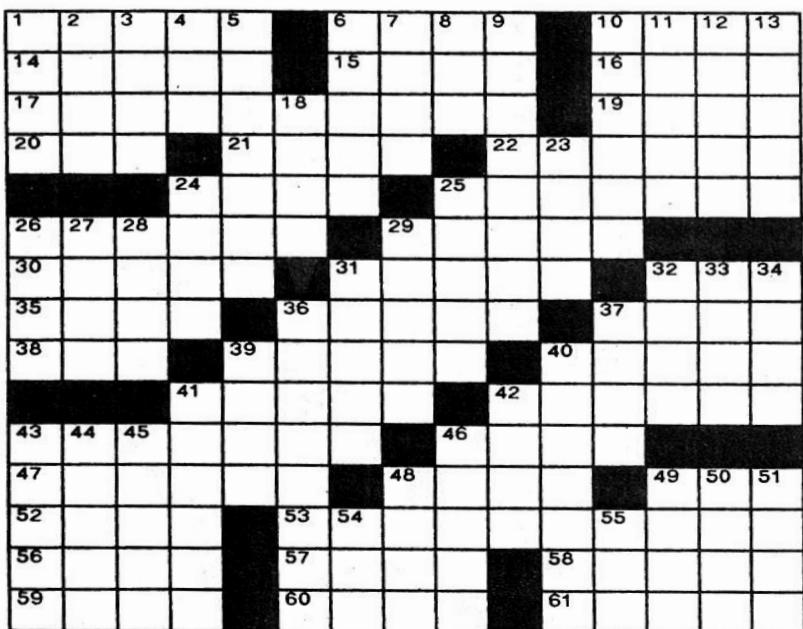
2. Handle

3. Ceremony

4. Shade tree

5. Session

6. Kind of trombone



Center for Hemodialysis

Posada Clinic Aruba
Tel.580-2840/Page 127-2446

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and Drug Addiction
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Mon.-Thu. 9 p.m.-12 midn.
Fri.-Sun. 9 p.m.-2 a.m.

CAS MARIE

Alzheimer's Day
Care Center
Tel: 5696910

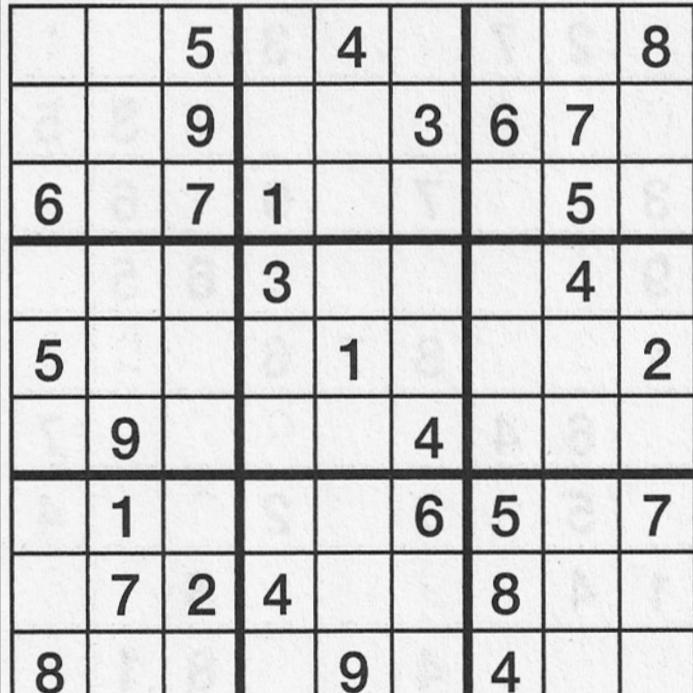
Important Telephone Numbers

HOSPITAL
Horacio Oduber Hospital
Tel.587-4300
EMERGENCY
Telephone 911
POLICE HDQS
Telephone 100

TAXI
C.V. TAS
587-1998, 587-5900
In Oranjestad:
Tel. 582-2116, 582-1604
582-5447
In San Nicolas
Tel. 584-5160, 584-6602
professional taxi services
Tel. 588-0035

AI Anon Meetings
Mondays 6-7pm
Sabana Liber 8 in Noord
Tel: 5673356 / 5838989

Sudoku



SOLUTION

8	5	6	7	9	2	4	1	3
3	7	2	4	5	1	8	9	6
9	1	4	8	3	6	5	2	7
7	9	3	9	1	8	7	6	2
5	4	3	8	3	7	5	1	4
2	6	8	3	7	5	1	4	9
6	3	7	1	8	9	2	5	4
4	8	9	5	2	3	6	7	1
1	2	5	6	4	7	9	3	8

Complete the grid so that every row and every column contains the numbers 1 through 9
A number is Never repeated in a row or column.
In addition every rectangle must contain the numbers 1 through 9

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Wall Street eyes worst week after mixed data

NEW YORK -- Stocks were little changed yesterday, with all three indexes on track for their worst week in six weeks as mixed economic data did little to convince investors of the recovery's strength.

US retail sales rebounded last month, as did the overall Consumer Price Index for July, but the data pointed to an economy that has slowed considerably in recent months.

Consumer sentiment stabilized this month after a sharp drop in July, the Thomson Reuters/University of Michigan Surveys' preliminary August reading showed. Meanwhile, the Commerce Department said business inventories rose more than expected in June.

Positive corporate earnings and improved technicals helped the market rally through July and early August. But sentiment soured this week after the Federal Reserve gave a darker assessment of the economy.

The S&P 500 also relinquished its hold on the 200-day moving average that had generated some positive momentum and was trading below its 50-day moving average yesterday.

The Dow Jones industrial average edged up 8.02 points, or 0.08 percent, at 10,327.97. The Standard & Poor's 500 Index dipped 0.95 points, or 0.09 percent, to 1,082.66. The Nasdaq Composite Index eased 6.35 points, or 0.29 per-

How to put 100,000 highly motivated salespeople immediately to work for you 24/7, 365 days a year!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitude.

To those of you who are new readers, I'd like to express my thanks and remind you to email me with your special problems and questions.

Now to this week's tip.

Can imagine for a moment what it would be like if you could have 1,000, 5000, or 100,000 tireless salespeople working around the clock, 24 hours a day, calling on prospect after prospect, making the most complete, compelling and irresistible sales presentations possible for you?

You can with direct mail.

Direct mail is the workhorse tool you have available to grow customers or clients in your business.

With direct mail you can show your potential customers every advantage, present every

benefit of your product, introduce every advantage your product offers over the competition, explain how, and why, and where, and when prospects could use your product to get themselves an incredible result in their life or business.

Imagine what it would be like if you could gain entry to every otherwise inaccessible prospect you've ever wanted to reach. This is one advantage Direct mail has over email.

Where you may not be able to reach potential prospects by email because of Spam laws, filters, etc., you may still be able to reach those prospects by direct mail.

You can reach them in their offices, and in their homes.

Not just during the business day, but in the evenings, on weekends, on Sundays, on holidays.

It's incredible, but that's the advantage that direct mail offers your business if you start using it intelligently as a customer and client building tool.

Direct mail gets your message to the prospective customer when other ways fail to get that same message to them.

It is such a powerful tool.

Any business can and should use direct mail, as one of their weapons in their arsenal to create new customers.

I'm going to give you just one example now, and a few more in coming tips.

Again, here's Wayne.

I gave Wayne this idea. If you're new to these tips, let me explain.

Wayne owns a Deli, and has created other businesses within

his Deli.

I visited Wayne one day. I saw his Mom cooking away in the kitchen all those fresh foods that she cooks daily.

Most of the food for that day was for customers who were single.

Therefore Waynes Mom cooked each item for one serving.

There was Chicken Pot Pie, Stuffed Shells, etc.

Then I got an idea.

I said to Wayne, "Where were you when I needed you."

While my children were going to college, (all 4 of them in college at the same time) Barb, my wife, and I would spend Sundays cooking up individual helpings of food to make our constant food run to their college.

One Sunday we would make up Stuffed Shells, another Sunday Lasagna, Tomato Sauce, and quite a few other items. Here was my Savior. Wayne.

Unfortunately all of my children had already graduated from college.

So I mentioned to Wayne, to get a list of all of the parents, within a 10 mile radius of his Deli, put together a Direct mail piece announcing that he will do their "Your Care Package."

Then, include a menu for them to choose from, fax the orders, and charge their credit card to the purchase.

Each and everyone reading these Tips should look at their own business and see how they can think of other ways, using direct mail, to create more new customers.

Over this next week, think of other ways you can sell your products through direct mail. Think of weird situations like the one above.

In the next tip, I'll write about how, where, and why you can use Direct mail.

To your success,

Ken Varga

YESTERDAY'S Crossword Answer

PUZZLE 47

PL	OW	R	I	P	E	S	L	A	P
LA	NE	E	D	I	T	S	LO	SE	
ER	IE	V	I	N	C	E	AR	IA	
AG	O	R	I	O	T	V	AN	DAL	
DEN	TIST	D	E	B	T				
TAKE	ACE	T	I	RE	SOUT				
DRAKE	LOCA	L	O	PRO					
ROBE	MOTEL	P	A	GE					
ALL	HONED	P	I	ILES					
MEETINGS	HUE	E	RGS	CORRECT					
DINNER	MANE	R	DEED						
ARES	EMOTE	L	LOBE						
NOSE	LOVES	I	DILE						
ANTS	PERT	D	DEED						

For snacking, sports events and fun! Buster's Garage in South Beach Center



Buster's Garage, a New York City landmark, made its way to Aruba about a year ago, and found a new home at the South

Beach Center across from the Radisson Resort. Dedicated to the sports fanatic, the spacious but homey interior is the per-

fect place to keep up with your favorite team and have a great meal.

Fun for all the family, Buster's has typical sport bar fare such as chicken wings, quesadillas, calamari rings for munching while watching the main event on 24 giant plasma screens. Every seat is good seat for catching all the action. Open from noon for lunch or dinner, it has plenty of distractions for the younger crowd, including foosball, and a video arcade, so Mom and Dad can relax and enjoy their meal.

The moderately priced menu includes all your favorite finger foods and a great selection of local and imported beers. Customer reviews gave Buster's Garage 4.5 stars out of 5 on yellowpages-aruba.com; one declared "my wife and I happened to stumble upon it -but what a find!" Another stated "Owner Rusty is so down to earth. The food was very good and the prices were outstanding for the High-Rise area. Aruba needed a place like this."

Buster's regularly organizes special events with live music. At 10 p.m. it turns into a cozy adult hangout; 18 years and over only allowed, with a DJ on duty nightly and boasting the only beerpong table on Aruba. Aside from a great place to root for the home team or your favorites during playoffs and championships, they regularly carry all UFC fights & WWE events.

Buster's is a great place where island visitors and residents mix and mingle; Monday to Thursday they close at 2:00 a.m., weekends at 4:00 a.m.

by Rosalie Klein

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Robert and Eileen Glowacki are honored as Ambassadors of Goodwill



The Radisson Aruba Resort & Casino recently hosted a special ceremony in its Plaza Club to honor frequent island visitors Robert and Eileen Glowacki as Ambassadors of Goodwill. The festive ceremony was hosted by Radisson's Germaine Wever and Mathilde Clement, who thanked the Glowackis for their friendship, support and continued loyalty to the Radisson and the island. A representative of the Aruba Tourism Authority presented Robert and Eileen with a handsome certificate, officially naming them Ambassadors of Goodwill to the island of Aruba.



Glowackis are also celebrating their 45th wedding anniversary. To share in the celebration, they decided to bring their daughter, son-in-law and two beautiful grandchildren with them on their vacation.

We wish Robert and Eileen Glowacki a happy anniversary; may you celebrate many more in Aruba!

This is the 20th consecutive year that Robert and Eileen have chosen Aruba as their home away from home. This year is extra special, as the

Get ready to experience an adrenaline rush like no other

Kite Surfing is an absolute thrill and the latest in extreme sports...



Kite surfing or kiteboarding is a surface water sport that uses the wind to pull a rider through the water on a small surfboard or a kiteboard (similar to a wakeboard). Generally kiteboarding refers to a style of riding known as freestyle or wake-style, whereas kitesurfing is more "wave-riding" oriented. These two styles usually require different boards and specific performance kites.

A kitesurfer or kiteboarder uses a board with or without foot-straps or bindings, combined with the power of a large controllable kite to propel the rider and the board across the water. In 2006, the number of kitesurfers has been estimated

at around 150,000 to 210,000, with 114,465 inflatable kites sold that same year.

The sport is becoming safer due to innovations in kite design, safety release systems, and instructions. Riding styles have evolved to suit riders and conditions, such as wakestyle, waveriding, freestyle, freeride, jumping, and cruising.

Kitesurfing started on the island in 1998. Armando Wester, a professional windsurfer and certified instructor, and his buddies were the first ones to introduce Kitesurfing to the island of Aruba.

Since then, they have gotten more than 5,000 visitors and locals hooked on this new

adrenaline rush sport.

Their years of experience, the trade winds on the island, the beautiful Caribbean Sea and the latest equipment make it an ideal and safe place for anyone to learn to kite. Kitesurfing is a hybrid of wakeboarding, hand-gliding and windsurfing for a radical new approach of kite power. Anyone between the ages of 8 and 77 can enjoy this sport.

So don't hesitate to call Armando or visit him at the Fisherman's huts, just north of the Aruba Marriott Resort, and see for yourself what an exhilarating rush this sport really is.

Lessons start daily at 9 a.m., 12 p.m. or 3 p.m.

Satisfying your hunger is now only a mouse click away....

"While I was a student in Holland," explains Rene Arends, "I never went out or made a phone call to order food, I simply went on line and boom! - within half an hour my meal was at my door." This convenient web "take out" service, which has seen great success in Holland, has now come to Aruba with the establishment of www.mitinhamber.com, which went live on Tuesday, August 10 at noon.

"I have hunger" is the literal translation of the Papiamento phrase announcing one's need to find some food fast, and fast food is on their website's menu, along with several other locations offering more elaborate and substantial repasts.

Rene and his brother and sister, Ramsis and Thais, introduced the new concept to Aruba, which allows patrons to scroll through menus by location or the sort of cuisine they



Rene, Thais and Ramsis Arends

desire. Order ahead before leaving work at the end of the day to pick up your food on the way, or home delivery is available. Some of the vendors offer this as a regular service or it will be provided through mitinhamber.com for an additional flat fee, starting at 10 Aruban florins per delivery.

The website offers a quick and easy way to cater an office celebration or acquire lunch for the crew that needs to eat at their desks. The applications are endless, and there is a very nice diversity of restaurants, so one is sure to find something to appease their appetite.

Founders of mitinhamber.

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Weststraat 1 Lokaal 1 next to the Harbor

Cas di Glas event is proud to announce Lincoln Ward live on stage

ORNAJESTAD -- The Cas di Glas organization is very proud to be able to announce that singer Lincoln Ward will be performing live on stage during its four-day fundraising event, held from September 29 - October 3. Mr. Ward is giving his concert free of charge to help raise money for the Koningin Wilhelmina Kankerfonds (KWF), the cancer foundation on Aruba. With enough donations a mobile breast cancer screening unit may be bought. As breast cancer is at an alarmingly high rate on

Aruba, the project is getting much support locally as well as internationally. Lincoln Ward's spontaneous offer to come and sing live is very much appreciated. The artist lives in Tortola.

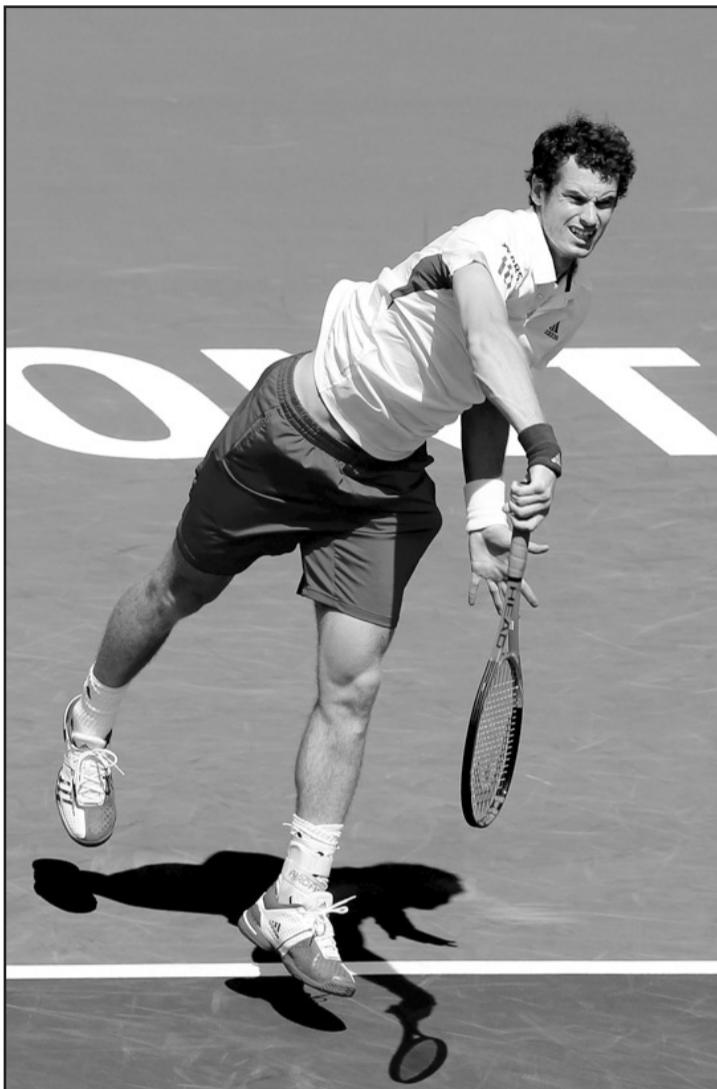
Lincoln Ward's musical career started early: when he was just 8 years old he started playing the piano; at 10 he took up the trombone. During his high school years Lincoln played at numerous concerts, in various jazz bands and he sang in choirs. But during his university years he discovered his best instrument, his voice. Producing, writing and engineering for colleague artists and for himself kept him busy; in 2006 he released his first solo project and received great reviews from deejays and a growing fan club. His music video 'Soaking Wet' was a great hit; it spent 13 weeks on the charts and made the number one spot. This made Lincoln Ward the first Virgin Islander to reach the top of the Tempo Caribbean charts.

Lincoln's success on video and radio has merited him performances in New York City and an impressive number of Caribbean neighboring islands. He can be heard almost continuously on various radio stations and has clips on Tempo TV, Hype TV, Karib Link TV in Miami and on MTV; his music ranges from rock and pop to hip hop, jazz, R&B, soul and electric. So write down in your diary that you should not miss Lincoln Ward's performance during the Cas di Glas event!

For updates and information on the upcoming Cas di Glas happening, please surf to www.casdiglas.com.

by Rosalie Klein

Murray ends Nalbandian winning streak



Andy Murray of Great Britain serves to David Nalbandian of Argentina during the quarterfinals of the Rogers Cup

TORONTO (AFP) - Andy Murray turned in an impressive performance to bring David Nalbandian's 11-match winning streak to an end with a 6-2, 6-2 quarter-final victory at the Toronto Masters on Friday.

The fourth-seeded Murray will now face either world

number one Rafael Nadal or Germany's Philipp Kohlschreiber for a place in the semi-finals.

"I played very well," said Murray, who had been beaten in two previous meetings with the muscular Argentine, a former world number three whose career has been hit by

Clijsters, Ivanovic advance to semi-final meeting



US Open, ousted Italy's Flavia Pennetta 7-6 (8/6), 6-4. Clijsters fired seven aces

recent injuries.

"I knew I had to play aggressive and take charge. If you don't, he will dictate play and make you run. I took charge and it worked. I knew from the start that I would have to play my best today."

Murray, who took just 69 minutes to seal victory, won the Canadian title a year ago in Montreal but has struggled this season after reaching the Australian Open final seven months ago where he lost to Roger Federer.

But he showed signs of a recovery last month in Los Angeles where he lost the final to Sam Querrey despite holding a match point.

The Scot's game proved ultra-sharp from the start against Nalbandian, who won the Washington title last weekend after coming back from three months away with a hamstring pull.

In May 2009, the South American underwent hip surgery, missing the remainder of the season.

Murray's consistent showing was in contrast to his patchy winning effort in the previous round when he rode a roller-coaster before overcoming Frenchman Gael Monfils in three sets after dropping the second 6-0.

In the evening session, third seed Federer will face a Wimbledon re-match with Czech Tomas Berdych, who upset him in the quarter-finals at the All England Club.

French outsider Jeremy Chardy faces world number two Novak Djokovic in the day's last match.

and connected on 67 percent of her first serves but the Italian would not go out easily, saving 11 of 14 break-point chances by Clijsters.

Ivanovic dominated without facing a break point in a 6-1, 6-3 triumph over Akgul Amanmuradova of Uzbekistan that lasted just 56 minutes.

Russian teen Anastasia Pavlyuchenkova recovered from a 5-1 deficit in the first set and outlasted Belgium's Yanina Wickmayer 7-5, 3-6, 6-1.

It was the ninth match triumph in a row for the Russian, who is coming off a title at Istanbul.

Russian star Maria Sharapova and France's Marion Bartoli meet in a later quarter-final for the chance to meet Pavlyuchenkova in Saturday's other semi-final.



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Malinga, Mathews restrict New Zealand



Sri Lankan cricketer Thilan Samaraweera plays a stroke during the second One Day International (ODI) cricket match of the Micro-max tri-series between Sri Lanka and New Zealand

DAMBULLA (AFP) - Lasith Malinga and Angelo Mathews shared six wickets as Sri Lanka restricted New Zealand to 192 in the triangular one-day series despite a half-century from debutant Bradley-John Watling.

The hosts never allowed New Zealand to build a big partnership in the day-night match, with fast bowlers Malinga taking 3-35 and Mathews 3-36.

The highest stand of the innings was 52 for the fourth wicket between opener Watling (55) and all-rounder Scott Styris (24). Nathan McCullum was the other notable contributor with 36.

Malinga struck with the second delivery of the match

when he had Martin Guptill caught by Chamara Kapugedara for his 100th victim in one-day internationals.

Watling and skipper Ross Taylor (16) then put on 45 runs for the third wicket before Mathews bagged two wickets off three balls to reduce the visitors to 47-3.

Mathews trapped the New Zealand captain leg-before and then had Kane Williamson caught by Thilan Samaraweera in the slips for a second successive duck.

Watling, 25, completed his half-century in style when he hit left-arm spinner Rangana Herath for a four. He fell soon, top-edging a pull off Mathews to be caught by wicket-keeper Kumar Sangakkara.

He struck eight fours in his 68-ball knock.

Malinga grabbed two wickets off successive balls in his second spell, dismissing Gareth Hopkins (11) and Daryl Tuffey for no score.

New Zealand made three changes from the side that thrashed India by 200 runs in the opening match on Tuesday, bringing in Watling, McCullum and Tim Southee in place of Peter Ingram, Jacob Oram and Grant Elliott.

Each side will play the other twice in the preliminary league before the top two qualify for the final on August 28.

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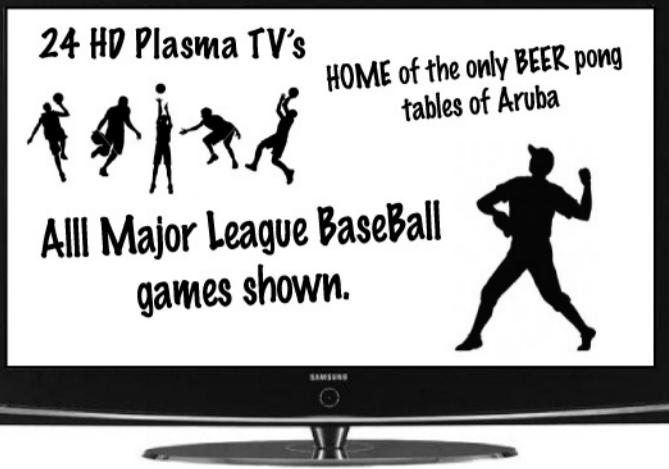
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Kuchar shoots 67 to lead PGA Championship

SHEBOYGAN (AFP) - American Matt Kuchar shot a five-under 67 to take the lead after the completion of the first round Friday at the weather-hit 92nd PGA Championship.

The 32-year-old had to finish his first round Friday morning after opening round play at the season's final major was called off because of darkness on Thursday.

The first round of the 7.5 million dollar event resumed after a two hour, 40 minute delay because of dense fog.

It is the second day in a row that fog has delayed the start of play at the Whistling Straits course on the shores of Lake Michigan.

Weather forecasters are predicting rain storms later in the day which could prevent groups that have late tee times from even starting their second rounds.

South African Ernie Els is in a large group of players who shot a four under par 68.

Els, who had two wins in March, had a bogey free round with birdies on holes number one, four, five and 11.

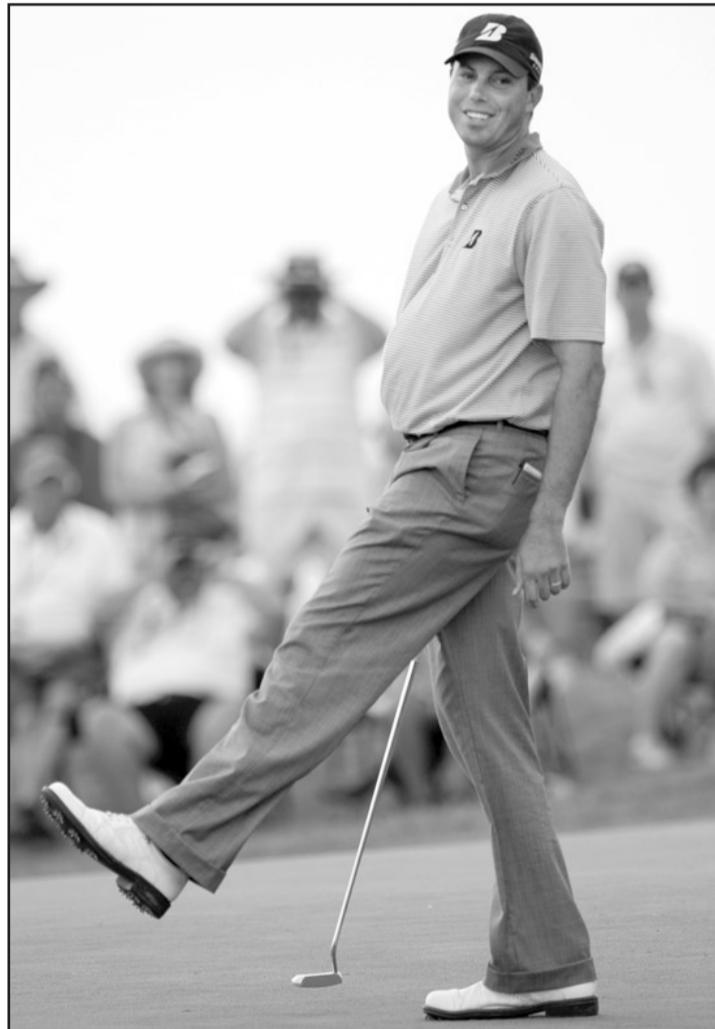
South Korea's Noh Seung-yul and Italian Francesco Molinari are also one back of Kuchar.

Tiger Woods, who shot a 71 in his opening round, is in the hunt and has a late afternoon tee time.

Els three putted the final hole the last time the PGA Championship was held at Whistling Straits in 2004 to just miss joining eventual winner Vijay Singh and two others in a playoff.

"I played well here last time," Els said. "I am reading the greens quite well. We will see how it goes."

Noh, who is playing in his first PGA Championship, became the second youngest



Matt Kuchar

winner in European Tour history earlier this year by winning the Malaysian Open.

"I am so happy," the 19-year-old Noh said. "I came here as an invite and I wanted to play as well as I can. I won the Malaysian Open and that gave me a lot of confidence."

Noh is playing in his third major of the season. He tied for 40th at the US Open but missed the cut at the British Open at St. Andrews.

The players picked up where they left off at 9:40 am (1440 GMT) with Englishman Simon Khan's group having the most work to do after getting through just seven holes of their opening

round on Thursday.

Kuchar said had a sleepless night waiting to finish his round.

"I just don't feel good when I wake up after five hours sleep. My body just feels funny," he said.

Northern Ireland's Darren Clarke was near the top of the leaderboard at three under when play was called Thursday but then went five-over on his five first round finishing holes on Friday morning for a two-over 74.

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Giants add veteran bat Guillen from KC

SAN FRANCISCO -- The Giants have acquired outfielder Jose Guillen from Kansas City for a player to be named later and cash considerations.

Guillen, 34, was designated for assignment by Royals on August 5. In 106 games with Kansas City this season, he batted .255 with 16 homers. He has struggled lately, however, hitting .183 with three home runs in his past 30 games.

Guillen is a career .270 hitter and has clubbed at least 20 homers in five of the past seven seasons. He brings a much-needed power bat to a Giants offense that, despite its recent surge, has been unable to score instant runs for much of the season.

Guillen is in the final season of a three-year, \$36 million deal signed in December 2007. The cash sent to the Giants will pay a substantial portion of Guillen's \$12 million salary due him this season.

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This is the second time Guillen has been acquired by a team in a playoff push. In 2003, he was traded from Cincinnati to Oakland, which went on to win the American League West.

If Guillen is inserted into the starting lineup, it will be in right field, shifting Aubrey Huff back to first base, which has lately been manned by Travis Ishikawa. Or, the Giants also could use Guillen as a right-handed power threat off the bench.

A corresponding move had not yet been announced.

The outfielder whose playing time would most directly be affected by Guillen's arrival is Nate Schierholtz, but the 26-year-old is out of options. Tuesday's acquisition of infielder Mike Fontenot from the Cubs would allow the Giants to option infielder Emmanuel Burriss to Triple-A Fresno and still have an experienced utility infielder off the bench.

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Venus Williams withdraws from Montreal WTA event

MONTREAL (AFP) - World number four Venus Williams said Friday she has withdrawn from next week's two million-dollar WTA event in Montreal due to a nagging left knee injury that has frustrated her US Open preparations.

The US veteran also withdrew from this week's event in Cincinnati, meaning she will join her sister Serena in missing the two top tuneup events for the year's final Grand Slam tournament that begins August 30 in New York.

"The pain that I am experiencing in my knee has unfortunately not gone away,"

Williams said in a statement issued by tournament officials.

Venus Williams would have played in Montreal for the first time.

Instead, the seven-time Grand Slam champion has not played a top-level singles match since she was ousted from the Wimbledon quarter-finals by 82nd-ranked Tsvetana Pironkova of Bulgaria on June 29.

The only remaining US Open tuneup event possible for either Williams sister would be at New Haven in the week before the US Open.

Ronaldinho tips Pato and Coutinho to shine

ROME (AFP) - Brazilian superstar Ronaldinho has tipped two countrymen to star in Serie A this season: AC Milan team-mate Pato and teenage midfielder and new Inter Milan signing Coutinho.

The 30-year-old, once the most exciting player in the world and twice world player of the year, enjoyed something of a mini revival last season following two disappointing campaigns.

While his burst of pace of old is long gone, Ronaldinho still showed flashes of the brilliance that turned him into a superstar during his Barcelona days.

And while talk surrounding Ronaldinho these days focuses more often on his expanding waistline or nocturnal activities, the former Paris St Germain star said it is his compatriots who people should keep their eyes on this season.

"Pato has great ability and he's very motivated, it will be his season, he'll score many goals," he told *La Gazzetta dello Sport*.

"But watch out for another young talent, he's just arrived but he's destined to make his mark: Coutinho. The future is his."

Pato was a sensation in his first year and a half at Milan, holding down a regular first team spot and impressing with his pace and finishing.

But after a good start to last term, injuries affected the second half of his season and he missed out on the Brazil World Cup squad.

Attacking midfielder Coutinho, 18, has just been signed by Inter and is believed to be one of the main reasons the Italian champions are prepared to let Mario Balotelli leave.

Looking ahead to the new title race, Ronaldinho predicted there would be no surprises.

"Inter have lost (Jose) Mourinho, one of the best coaches in the world, but I think the fight will be the usual one," he added.

"That means between the champions (Inter), us, Juventus and AS Roma."

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Shower power as Gay sprints to 100m season best

LONDON (AFP) - America's Tyson Gay followed up his Stockholm triumph over Usain Bolt by clocking the fastest 100m time this season to clinch the London Diamond League meeting on Friday.

Gay won in 9.78sec in miserable, damp conditions at Crystal Palace to easily see off Jamaica's Yohan Blake (9.89sec) and Trinidad's Richard Thompson (10.05sec).

"The last few weeks have been really great," said Gay, who sent Olympic champion and world record holder Bolt to a first defeat in two years in Stockholm last week.

Bolt refused on financial grounds to take part in London before then pulling out of the rest of the season with back pain.

Former world record holder Asafa Powell pulled out of the

meet earlier in the week, also because of a back injury.

Gay's time on Friday eclipsed the previous best this season of 9.82sec, set by both Bolt and fellow Jamaican Asafa Powell.

Walter Dix of the United States was supposed to be Gay's big rival in the sprint, but finished last after appearing to injure himself.

Gay's time was superb considering the conditions were not the best for sprinting.

"It feels good," added Gay. "I just prayed to get through the race healthy because my groin was getting a little tight. I had to make sure I stayed warm so I didn't pull anything."

Heavy rain came down just before the meet began, leaving the track drenched and causing problems for the early competitors.

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